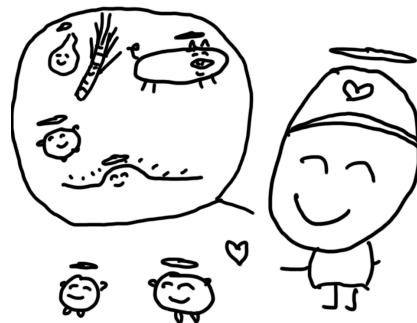


Learn Korean Natural Farming

Hilo Monthly Meetings

Education and Potluck

Free, hands-on monthly gatherings at the Komohana Research & Extension Center in Hilo. Open to everyone — no membership required.



 2nd Tuesday, 6:00 PM–8:00 PM HST  Free & open to all

 875 Komohana St in Hilo

Each meeting covers one new solution every month and great food!

*January 13 - **Food*** - Vital nutrients made perfect for your situation

*February 10 - **Cleanser*** - Living vinegar to aid in digestion

*March 10 - **Medicine*** - Herbal nutrients to boost the immune system

*April 14 - **Structure*** - Give support and armor to your system

*May 12 - **Fuel*** - Energize your plants

*June 9 - **Minerals*** - Sea & earth elements

*July 14 - **Reproduction*** - Bloom & fruit support

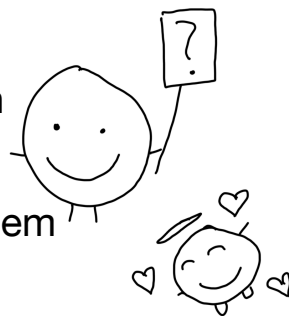
*August 11 - **Protectors*** - Beneficial microbes

*September 8 - **Microbes*** - Indigenous organisms

*October 13 - **Soil Foundation*** - Microbe application & no-smell animal systems

*November 10 - **Solutions Applications*** - Formulas for plants & animals

*December 8 - **KNF All Together*** - Integrating human, plant & animal systems



KNF

Missed any? Want to catch up? Watch the whole series from beginning to end at <https://pureknf.org>